

Which is more persuasive?

And why?

In my opinion, eating raw garlic every day is good for you.

According to Wikipedia, garlic has antibacterial and antiviral properties.

According to Wikipedia, garlic has antibacterial and antiviral properties. This means that eating garlic every day is very good for you.

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In the *Journal of Nutritional Biochemistry*, researchers S.A. Thompson and G. Katzer report, "Garlic has extremely powerful antibacterial properties" (75). This finding suggests that eating garlic every day may be good for you.

Claims

Big claims --> Entire text's explanation, logic, reasoning.

Eating garlic every day is good for you. □

- Several studies show that it has medicinal qualities.
- Ancient people used garlic as medicine.
- It's all natural.
- It keeps people away from you (bad breath), so you won't get their germs.

Many small claims --> Explanation, evidence that helps to illustrate why you're saying this.

Garlic is the best food you can possibly eat. According one report from the Journal of Nutritional Supplements, "Garlic is considered a superfood among superfoods" (Smith, "Why Garlic" 135).

Many UK students use the internet at some point in their research. I surveyed 100 UK freshmen about their use of internet study habits. Almost 89 reported using the internet in some way for their studies in the past week.